



**Università degli Studi di Milano-Bicocca**  
**SCUOLA DI MEDICINA E CHIRURGIA**  
Cattedra di Psichiatria e Scuola di Specializzazione in Psichiatria  
(Direttore: Prof. Massimo Clerici)



Dipartimento di Salute Mentale - Azienda Ospedaliera San Gerardo  
Unità Operativa Complessa di Psichiatria (UOP n° 36 e 37)  
(Direttore: Prof. Massimo Clerici)

## **Massimo Clerici**

- **MD, Ph.D., Full Professor of Psychiatry at the University of Milano Bicocca (Italy)**
  - **Director of the Department of Mental Health and Addiction, Fondazione IRCCS San Gerardo dei Tintori, Monza (Italy)**
  - **President of the Italian Society of Addiction Psychiatry (Sip.Dip), Special Section of the Italian Society of Psychiatry (SIP)**
  - **President of the Italian Association for Research on Schizophrenia (A.R.S.), Member Society of the World Psychiatric Association (WPA)**
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Massimo Clerici did his medical (1980) and psychiatric (1984) training at Milan University in Milano (Italy). He got a Ph.D. in Psychiatry and Relational Sciences, always from the University of Milano (1988). From 1988 till 1991 was the chair of the Clinical and Research Unit of the Association for Research on Schizophrenia (A.R.S., Member Society of World Psychiatric Association). Since 1991 (till 2007), he got the position of Assistant Professor in Psychiatry at the University of Milano (S. Paolo University Hospital, Medical School in Milano), of Associate Professor in Psychiatry at the University of Milano Bicocca from 2007 and Full Professor of Psychiatry at the University of Milano Bicocca from 2019.

From 2002 to now, he is in charge of the position of President of the Italian Society of Addiction Psychiatry (SIP.Dip, special section of the Italian Society of Psychiatry) and from 2010 is also President of the Association for Research on Schizophrenia (ARS, member society of World Psychiatric Association from 2007) and board member of different professional and scientific societies.

He is also the Editor of the Addiction's Book Collection of Franco Angeli Publisher, Milano) and maintains till now others collaborations with different Italian and international Journal's and Book's Publishers (Bollati Boringhieri, Il Pensiero Scientifico, Masson, Elsevier, Springer). Italian co-Editor of the



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Italian version of the APA DSM 5 and different books (Case Reports, Guidelines, etc) of the APA DSM IV and IV-TR

**Governmental and institutional appointments:** Consultant Member of the National Department for Politics against Drugs and of the National Scientific Committee against addictions of the Italian Government for more than 10 years; Consultant Member of the Regione Lombardia for Drug and Dual Diagnosis Policies, Eating Disorders and Jail and Prisons Policies for more than 10 years. Member of the Italian Panel of Scientific and Professional Societies against addictions.

**Research interests include** 'dual diagnosis' of severe mental disorders and substance misuse behavioral addictions; psychoeducational interventions in schizophrenia and other severe mental illnesses; eating disorders; liaison psychiatry, community psychiatry, forensic psychiatry



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**Date and place of birth:** October 11th 1954 Milano

**Address:** via Roncaglia 18 – 20146 Milan Italy

**Citizenship:** Italian

Married with one psychiatrist and with one daughter journalist

**1980**

Degree in Medicine and Surgery (mark: 110/110 cum laude), University of Milan, Italy.

**1984**

Specialization in Psychiatry (mark: 70/70 cum laude), University of Milan, Italy

**1982**

"De Visart" Award of the University of Milan, Italy

**1988**

Ph.D. in "Psychiatry e Relational Science", University of Milan, Italy

**Since 1991 to 2007**

Assistant Professor (University Researcher) in Psychiatry at the University of Milan, Italy

**Since 2007**

Associate Professor of Psychiatry at the University of Milano Bicocca, Italy

**Since 1998**

Clinical Psychiatrist at the "Azienda Ospedaliera Polo Universitario San Paolo" working on Dual Diagnosis and Psychoeducational intervention in severe mental disorders

**Since 2000-2002**

"Psychiatry management course" of Italian Society of Psychiatry and Clinical Psychiatrist with "high specialization"

**Since 2002**

President of The Italian Association of Addiction Psychiatry, special section of the Italian Society of Psychiatry (SIP)

**Since 1998**

Member of Administrative Board of Directors and of scientific committee and Vice-President of the "Associazione Ricerche sulla Schizofrenia (Association for Research on Schizophrenia)" and of the "Fondazione Tito e Fanny Legrenzi – Carlo e Adriana Cazzullo (Legrenzi-Cazzullo Foundation for the help to the families)"

**Since 2010**

President of "Associazione Ricerche sulla Schizofrenia (Association for Research on Schizophrenia)"

**CLINICAL ACTIVITY**



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**Since 1998 to 2007**

Head of Psycho-educational and family therapy Services at A.O. San Paolo University Hospital.

**Since 1999 to 2002**

Head of Penitentiary Consultant Psychiatric Service at Milan Jail “Casa di Reclusione di Milano Opera”

**Since 2003**

Head of Consultant Psychiatric Service for “dual diagnosis” (comorbidity for substance related disorders/behavioural addictions and other mental disorders) at A.O. San Paolo University Hospital

**TEACHING ACTIVITY**

**Since 1984**

Residency training School in Psychiatry at the University of Milan

**Since 1985**

Clinical Psychiatry – School of Medicine and Surgery at the University of Milan

**Since 2001**

Residency training School in Psychiatry at the University of Milano Bicocca

**Since 2002**

Residency training School in Clinical Psychology at the University of Milan

**Since 2004**

Clinical Psychiatry – School of Medicine and Surgery at Istituto Clinico Humanitas (ICH)

**Since 2007**

School of Medicine and residency training in Psychiatry, Clinical Psychology and Neuropsychology at the University of Milano Bicocca

**RESEARCH ACTIVITIES**

**Since 1983**

Collaborations in different research projects with National Research Council (CNR, Italy), O.N.G. Bureau International Catholique de l'Enfance, Bruxelles), Associazione Ricerche sulla Schizofrenia, Associazione “Cascina Verde”, Associazione La Ricerca “Emmaus”, Istituto Europeo and others public and private no-profit organizations.

**Since 1998**

Member of Executive Committee of Italian Interdisciplinary Network on Alzheimer Disease

**MEMBER OF MANY SCIENTIFIC SOCIETIES**

- Società Italiana di Psichiatria (SIP)



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- Società Italiana per lo studio dei comportamenti di abuso e dipendenza (SICAD) and Società Italiana di Psichiatria delle Dipendenze (SIP.Dip)
- Società Italiana per la Ricerca e l'Intervento Familiare (SIRIF)
- Special Section on Addiction Psychiatry of the World Psychiatric Association
- Special Section Family Research and Intervention of the World Psychiatric Association
- Società Italiana di Neuropsicofarmacologia
- Società Italiana di Psicopatologia

#### **MEMBER OF THE EDITORIAL BOARD**

- Quaderni Italiani di Psichiatria -The Italian Journal of Psychiatry (coordinatore editoriale)
- Dipendenze Patologiche – Addictive Disorders (co-Direttore)
- Giornale Italiano di Psicopatologia – Italian Journal of Psychopathology
- Psichiatria di Comunità
- Personalità/Dipendenze
- Psichiatria Oggi
- Directions in Psychiatry
- Psicoterapia e Psicosomatica
- Salute e Prevenzione – S & P

#### **PUBLICATIONS**

Author of more than 500 publications (Congress proceedings, books chapters and manual, International and National Journal)